

**Blue Circle Counseling**

**counseling·coaching·consulting**

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CLIENT \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Person completing this form \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Crisis State** | **Needs Work** | **Average** | **Excellent** |
| **Acceptable School Behavior** |  |  |  |  |
| **Acceptable School Work** |  |  |  |  |
| **Positive Relationships w/ School Personnel** |  |  |  |  |
| **Positive Relationships w/ Peers** |  |  |  |  |
| **Productive & Peaceful Homework Time** |  |  |  |  |
| **Experiences Joy Regularly** |  |  |  |  |
| **Does Chores w/ 1 reminder** |  |  |  |  |
| **Compliance on 1st request** |  |  |  |  |
| **Utilizes Free Time Independently & Safely** |  |  |  |  |
| **Gets Enough Outdoor Time** |  |  |  |  |
| **Accepts Screen Time Limits** |  |  |  |  |
| **Generally Follows Rules** |  |  |  |  |
| **Positive Relationship w/ Siblings** |  |  |  |  |
| **Positive Relationship w/ Parents/Guardians** |  |  |  |  |
| **Steers Clear of Other’s Business** |  |  |  |  |
| **Participates in Family Games & Outings** |  |  |  |  |
| **Sleep Habits** |  |  |  |  |
| **Eating Habits** |  |  |  |  |
| **Personal Hygiene** |  |  |  |  |
| **Treats Body Appropriately** |  |  |  |  |
| **Accepts Failure Appropriately** |  |  |  |  |
| **Empathic** |  |  |  |  |
| **Thinks of Others** |  |  |  |  |
| **Helps When Asked** |  |  |  |  |
| **Jumps in & Helps When Sees a Need w/o Being Asked** |  |  |  |  |
| **Manages Strong Emotions Well** |  |  |  |  |
| **Is Aware of Needed Growth Areas** |  |  |  |  |
| **Works Through Problems w/o Verbal Aggression** |  |  |  |  |
| **Works Through Problems w/o Physical Aggression** |  |  |  |  |
| **Avoids Sneaky, Manipulative, Revenge Type Behaviors** |  |  |  |  |
| **Displays Appropriate Affect for Situations** |  |  |  |  |
| **Accepts Consequences** |  |  |  |  |
| **Gets to “Shine” in the Family Regularly** |  |  |  |  |
| **Aware of Their Own Strengths & Weaknesses** |  |  |  |  |